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NEWS RELEASE

**SUNLINK HEALTH SYSTEMS, INC. SCHEDULES
FISCAL 2009 THIRD QUARTER CONFERENCE CALL**

Atlanta, Georgia (May 5, 2009) – SunLink Health Systems, Inc. (NYSE/Amex: SSY) announced today that it expects to report its results for the third fiscal quarter ended March 31, 2009 and conduct its conference call on Tuesday, May 12, 2009. The conference call will start at 11:00 A.M (ET).

The dial in number for the conference call is 1-866-281-6628

A replay of the taped conference call will be available approximately one hour after the conclusion of the conference call. To listen to the replay, dial **1-888-266-2081** and enter passcode **1359278** when prompted.

SunLink Health Systems, Inc. currently operates seven community hospitals and related nursing home and home care businesses in the Southeast and Midwest and its specialty pharmacy business, SunLink Scripts Rx, in Louisiana. Each SunLink hospital is the only hospital in its community. SunLink's operating strategy is to link patients' needs with dedicated physicians and health professionals to deliver quality, efficient medical care and healthcare products and services in each area it serves. For additional information on SunLink Health Systems, Inc., please visit the company's website at www.sunlinkhealth.com.