



PRESS RELEASE

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SUNLINK HEALTH SYSTEMS' CHILTON MEDICAL CENTER NAMED AS ONE OF INGENIX TOP 200 HOSPITALS

ATLANTA, Georgia (December 18, 2008) – SunLink Health Systems, Inc. (NYSE Alternext US: SSY) today announced that its Chilton Medical Center, a 60-bed general medical and surgical facility located in Clanton, AL was named tenth out of 200 hospitals by Ingenix, a leading health information, technology and consulting company, for coding and compliance procedures.

Chilton Medical Center is the fifth of SunLink's seven hospitals to receive national recognition for operational excellence or improvement in the last three years. SunLink's Memorial of Adel recently won a national Excellence Through Insight Award for Most Improved Emergency Department given by HealthStream Research, Trace Regional Hospital in Houston, MS was named as one of Thomson Reuters' Performance Improvement Leaders 2007, Chestatee Regional Hospital in Dahlongega, GA received Thomson Reuters' (formerly known as Solucient) award as a recipient of its 100 Top Hospital Performance Improvement Leaders in May 2006 and Missouri Southern Healthcare in Dexter, MO received its award as one of 100 Top Hospitals for Excellence in Hospital Management and Performance in March 2006.

About SunLink Health Systems, Inc.

SunLink Health Systems, Inc. currently operates seven community hospitals and related nursing home and home care businesses in the Southeast and Midwest and its specialty pharmacy business, SunLink Scripts Rx, in Louisiana. Each SunLink hospital is the only hospital in its community. SunLink's operating strategy is to link patients' needs with dedicated physicians and health professionals to deliver quality, efficient medical care and healthcare products and services in each area it serves. For additional information on SunLink Health Systems, Inc., please visit the company's website at www.sunlinkhealth.com.

About Ingenix Health Information Management (HIM) Consulting

Ingenix HIM consulting provides resource management and consulting services in the areas of ICD-9-CM, CPT®, and E/M HIM reviews; case mix analysis; health information management operations; physician office management; ambulatory patient classifications (APC) implementation; chargemaster review and maintenance; financial analysis; service line assessments and hospital staff education. Our mission is to provide senior leadership and department-level consultation support to the management of health care finances.

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