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PRESS RELEASE

SUNLINK HEALTH SYSTEMS, INC. UNUSUAL TRADING ACTIVITY

ATLANTA, GA (December 28, 2010) SunLink Health Systems, Inc. (NYSE/Amex: SSY) announced that its policy is to not comment on unusual market activity or rumors.

In view of the unusual market activity in the stock of SunLink Health Systems, Inc. (NYSE Amex: SSY), the NYSE has contacted the company in accordance with its usual practice; the company stated that its policy is not to comment on unusual market activity or rumors.

About SunLink Health Systems, Inc

SunLink Health Systems, Inc. currently operates seven community hospitals, three nursing homes and one home care business in the Southeast and Midwest and its specialty pharmacy business, SunLink ScriptsRx, in Louisiana. Each SunLink hospital is the only hospital in its community. SunLink's operating strategy is to link patients' needs with dedicated physicians and health professionals to deliver quality, efficient medical care and healthcare products and services in each area it serves. For additional information on SunLink Health Systems, Inc., please visit the company's website at www.sunlinkhealth.com.

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